

Other Support Services:

Supports for People with Eating Disorders:



Offer Support groups for people struggling with eating disorders both online and face to face. Also offers support to their loved ones www.bodywhys.ie or email alex@bodywhys.ie
Tel: 01 2107906

For other supports specialising in eating disorders check the Bodywhys directory on : <https://www.bodywhys.ie/directory/service-place/limerick/>

Supports for People affected by imprisonment:



Bedford Row Projects provides support to families of prisoners and those affected by or at risk of imprisonment.
Tel: 315332 www.bedfordrow.ie
Based in Bedford Row, Limerick

Support Services for the Elderly in Limerick:

There is a list of great resources for Older people in Limerick and surrounding areas on

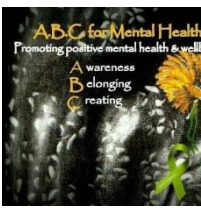
<https://www.hse.ie/eng/services/list/1/lho/limerick/older-people-services/soplimerick.pdf>



A national confidential listening service for older people provided by older volunteers.

Free phone 1800 80 45 91
www.thirdageireland.ie/seniorline

Awareness:



ABC For Mental Health promotes mental health awareness with an aim to reduce the stigma that is attached to mental health & network with all the different organisation so we can work together to support people who experience mental health difficulties.

<https://www.facebook.com/ABCforMentalHealth/>

Supports for Migrants and other minority groups including The Travelling Community:



Supports and protects human rights for migrants through direct support, advocacy and campaigning.

www.doras.org Email: info@doras.org

Tel: 061 310328

Refugee Information Service	Aims to counter social exclusion through the provision of a specialist information, referral & advocacy service to asylum-seekers & refugees.	(01) 6453070 www.ris.ie
Akidwa (African Women's Network)	A voluntary representative body for all African women living in Ireland	(01) 8349851 www.akidwa.ie
Exchange House National Travellers Association	Traveller Support Services	01-8721094 www.exchangehouse.ie
Immigrant Council of Ireland	The ICI is an Independent Law Centre that provides specialist immigration support to immigrants at particular risk, including victims of domestic and sexual violence.	085 1723172/ 01 6740200 www.immigrantcouncil.ie
Irish Refugee Council	Foreign National Support Service	(01) 764 5854 www.irishrefugeecouncil.ie

The Travelling Community

Limerick Travellers Development Group	Travellers Support Services	(061) 321340
Traveller Community Support Service	Traveller Support Service	(061) 321 722
Pavee Point	Traveller Support Service	01 8780255 www.paveepoint.ie
Tipperary Rural Traveller Project	Rural Traveller Support Service	tipptraveller@eircom.net

The Rural Community

Farm & Rural Stress	Helpline	1800 742 645 (24 hr)
Embrace Farm	Farm Accident Support Network	Phone: 085 77 09 966 www.embracefarm.com
Clare Care	Range of service eg day care, addiction, Family support, drop in centre, homework club, counselling	Phone 065 682 8178 https://www.clarecare.ie